

Launching a Mending the Soul Small Group

Planning Process

- Complete an MTS group as a participant
- Complete MTS Online Facilitator Training
- Identify a co-facilitator who has also completed the Online Training
- Decide on a location, time, start and end date

Intake Process

- Email and collect intake forms electronically from potential participants
- Set up interviews with each potential participant and identify those that are ready to start in a group
- Respond to participants with information on how to get started
- Respond to those that are not ready with what to do to prepare for a future group

First Meeting

- General introductions
- Review and collect all guidelines, expectations, and forms
- Review the expectations for completing homework and sharing to the best of your ability within the group
- Facilitators share their stories

Weekly Meetings

- Prepare key exercises that capture the essence of the chapter
- Start and end on time
- Review group guidelines
- Create a schedule for all participants to share their stories over the weeks
- Some chapters (2, 5, and 6) may need to be split into two weeks, use your judgement appropriately
- Leave some time for participants to share what impacted their hearts or what questions they may have

Last Meeting

- Prior to the group meeting, email the Participant Surveys and complete the Facilitator Survey
- Ask group members about what next steps they can identify for their healing journey
- Share with group members any follow up that you will be doing as facilitators/church/organization