

GENERAL RESOURCES ON ABUSE AND RELATED ISSUES

Compiled by Dr. Steven Tracy
January, 2023

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- Bourke, Joanna. *Rape: Sex, Violence, History*. Berkeley, CA: Counterpoint, 2007. This is a wide ranging, well written treatise on rape by a British historian.
- Brown, Brene. *Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone*. New York: Random House, 2017. Brown is a research professor of social work who specializes on shame. She has written several books and emphasizes vulnerability as the key to overcoming shame. While not writing from an overtly biblical perspective, her work are very insightful, practical and helpful.
- Buchwald, Emilie, Pamela Fletcher, and Martha Roth, eds. *Transforming a Rape Culture*, rev. ed. Minneapolis: Milkweed Editions, 2005.
- Carnes, Patrick. *The Betrayal Bond: Breaking Free of Exploitive Relationships*. Deerfield Beach, FL: Health Communications: 1997. In this excellent nontechnical book, Carnes explains the concept of a trauma bond, how it happens to trauma victims, and how victims can break the cycle.
- Clark Kroeger, Catherine and James Beck, eds. *Healing the Hurting: Giving Hope and Help to Abused Women*. Grand Rapids: Baker, 1998.
- _____. *Women, Abuse, and the Bible: How Scripture Can Be Used to Hurt or Heal*. Grand Rapids: Baker, 1996. This is one of the few substantial treatments of abuse and the Bible. It contains a wealth of helpful material.
- Finkelhor, David. *Childhood Victimization: Violence, Crime, and Abuse in the Lives of Young People*. Oxford: Oxford University Press, 2008. This is a well-researched, insightful treatment of violence in the lives of children which challenges the status quo. Finkelhor is one of the world's leading authorities on child abuse.
- Herman, Judith Lewis. *Trauma and Recovery: The Aftermath of Violence--from Domestic Abuse to Political Terror*, 2nd. ed. New York: BasicBooks, 1997. This is a landmark secular treatment of trauma.
- Katz, Jackson. *The Macho Paradox: Why Some Men Hurt Women and How All Men Can Help*. Naperville, IL: Sourcebooks, 2006. This is an incredibly balanced secular book on violence against women. Katz is solution oriented.
- Langberg, Diane. *Suffering and the Heart of God: How Trauma Destroys and Christ Restores*. Greensboro, NC: New Growth Press, 2015. This is superb overview of abuse trauma for Christian leaders and therapists by one of the country's leading Christian abuse experts. This work is particularly well-informed theologically.
- Levine, Peter and Maggie Kline. *Trauma-Proofing Your Kids: A Parent's Guide for Instilling Confidence, Joy, and Resilience*. Berkeley, CA: North Atlantic Books, 2008. This is a unique and very helpful resource.
- Smedes, Lewis. *Shame and Grace: Healing the Shame We Don't Deserve*. Grand Rapids: Zondervan, 1993. This is a masterful Christian treatment of shame.
- Thompson, Curt. *The Soul of Shame: Retelling the Stories We Believe about Ourselves*. Downers Grove, IL: InterVarsity, 2015. This is an excellent theologically informed treatment of shame by a Christian psychiatrist.

- Tracy, Celestia. *Mending the Soul Workbook for Men and Women*. Phoenix: Mending the Soul Ministries, 2012. This workbook carefully guides men and women in the critical process of healing from the effects of abuse. Each chapter includes healing art, contemplative meditations on Christ, and journaling exercises.
- _____. *My Journal for the Good and Hard Stuff*. Phoenix: Mending the Soul Ministries, 2018. This is a practical, simple workbook for traumatized children.
- _____. *Parent Workbook: A Parent's Journey to a Child's Heart*. Phoenix: Mending the Soul Ministries, 2018. This is a practical workbook to guide parents of traumatized children in experiencing their own healing.
- Tracy, Celestia and Elizabeth Tracy. *The Vulnerable Child Teacher's Guide: Primary & Intermediate Grade Levels*. Phoenix: Mending the Soul Ministries, 2018. This work is designed for churches or other organizations who want to teach a Vulnerable Child class.
- Tracy, Celestia and Steven Tracy. *Caring for the Vulnerable Child: Welcoming Children Who Have Experienced Neglect, Abandonment and Abuse*. Phoenix: Mending the Soul Ministries, 2018. This book integrates biblical and social science data to guide parents and caregivers in caring for traumatized children.
- _____. *Mending the Soul: Student Edition*. Grand Rapids: Zondervan/Youth Specialties, 2011. This book was written for adolescents (14-18 year-olds) as a practical tool to educate them regarding all forms of abuse and to guide them through a personal healing process.
- Tracy, Steven. *Mending the Soul: Understanding and Healing Abuse*. Grand Rapids: Zondervan, 2005. This is a comprehensive, practical treatment of all forms of abuse. It integrates biblical, theological principles with social science research. A companion healing workbook is available from Mending the Soul Ministries.

ABUSE RESOURCES FOR CAREGIVERS AND THERAPISTS

- Briere, John and Catherine Scott. *Principles of Trauma Therapy: A Guide to Symptoms, Evaluation, and Treatment*. Thousand Oaks, CA: Sage, 2006. This is one of the best texts on the subject by a foremost expert.
- Cavanaugh Johnson, Toni. *Understanding Children's Sexual Behaviors: What's Natural and Healthy*, rev. ed. San Diego: Family Violence and Sexual Assault Institute, 2013. This is a very helpful resource for child therapists.
- Courtois, Christine A. *Healing the Incest Wound: Adult Survivors in Therapy*. New York: W. W. Norton & Company, 1988. This is a classic text for professionals on counseling incest survivors.
- Gingrich, Heather Davediuk. *Restoring the Shattered Self: A Christian Counselors Guide to Complex Trauma*, 2nd ed. This is an excellent clinical guide to complex trauma. Downers Grove, IL: InterVarsity, 2020.
- Gingrich, Heather Davediuk and Fred Gingrich. *Treating Trauma in Christian Counseling*. Downers Grove, IL: InterVarsity, 2017. This is an excellent text, which covers a broad range of important issues for Christian trauma therapists.
- Lipsky, Laura van Dernoot. *Trauma Stewardship: An Everyday Guide to Caring for Self While caring for Others*. San Francisco: Berrett-Koehler, 2009. This is one of the best secular treatments of secondary trauma. It is written by a veteran trauma social worker and is filled with insights and practical exercises.

- Mandt Langberg, Diane. *Counseling Survivors of Sexual Abuse*. Xulon, 2003. This is a solid overview of sexual abuse for counselors from a Christian perspective.
- Mollica, Richard. *Healing Invisible Wounds: Paths to Hope and Recovery in a Violent World*. Nashville: Vanderbilt University Press, 2006. Mollica is Professor of Psychiatry at Harvard and directs their Refugee Trauma program. This is a helpful work.
- Perry, Bruce and Maia Szalavitz. *The Boy Who Was Raised as a Dog and Other Stories from a Child Psychiatrist's Notebook: What Traumatized Children Can Teach Us about Loss, Love, and Healing*. New York: Basic Books, 2006. This is an excellent nonacademic work by one of the world's leading child trauma experts.
- Rothschild, Babette and Marjorie Rand. *Help for the Helper: The Psychophysiology of Compassion Fatigue and Vicarious Trauma*. New York: W. W. Norton, 2006.
- Stamm, Hudnall, B., ed. *Secondary Traumatic Stress: Self-Care Issues for Clinicians, Reseachers, and Educators*, 2nd. ed. Baltimore: Sidran Press, 1999.
- Ziegler, Dave. *Raising Children Who Refuse To Be Raised: Parenting skills and Therapy Interventions for The Most Difficult Children*. Phoenix: Acacia Publishing, 2000.
- _____. *Traumatic Experience and the Brain: A Handbook for Understanding and Treating Those Traumatized as Children*. Phoenix, Acacia, 2002.
- Ziegler offers an excellent overview of the impact of trauma on the developing brain. He also gives helpful implications for care givers.

RESOURCES ON GLOBAL ABUSE

- Dubowitz, Howard, ed. *World Perspectives on Child Abuse*, 10th ed. Aurora, CO: International Society for the Prevention of Child Abuse and Neglect, 2012. This is the latest edition in a series of works by ISPCAN which offer global research findings and address various aspects of global child abuse.
- Fawcett, John. *Stress and Trauma Handbook: Strategies for Flourishing in Demanding Environments*. Monrovia, CA: World Vision, 2003. This is an excellent practical handbook for relief workers and missionaries.
- Gerhardt, Elizabeth. *The Cross and Gendercide: A Theological Response to Global Violence against Women and Girls*. Downers Grove, IL: InterVarsity, 2014.
- Harriet Hill, Margaret Hill, Dick Baggé, and Pat Miersma. *Healing the Wounds of Trauma: How the Church Can Help*, rev. ed. Philadelphia: American Bible Society. This book offers a practical approach to engaging the Bible and mental health principles to find God's healing for wounds of the heart. It is basic and who care for people who have suffered horrific events like war, child abuse, rape, and natural disasters. It has been adapted into more than 150 languages and could be used with adolescents. It is a resource for leaders in churches and NGOs cultures around the world.
- Hatzfeld, Jean. *Life Laid Bare: The Survivors in Rwanda Speak*. New York: Other Press, 2006. This is a most powerful, unique work on the experiences and impact of genocide. It is based entirely on interviews with survivors of the 1994 Rwandan genocide.
- _____. *Machete Season: The Killers in Rwanda Speak*. New York: Picador, 2005. This is a most powerful, unique work on the dynamics of genocide and the actions and motives of perpetrators. It is based entirely on interviews with perpetrators of the 1994 Rwandan genocide.
- Margaret Hill, Debbie Braaksma, and Lyn Westman. *Bringing Healing to Traumatized Children: Children's Book*. Nairobi: Paulines Publications of Africa, 2009. This is a

- wonderful tool for ministering to traumatized children. It was originally created for use in Africa and is available from the American Bible Society in various languages. Margaret Hill, Debbie Braaksma, and Lyn Westman. *Bringing Healing to Traumatized Children: Leaders Manual*. Nairobi: Paulines Publications of Africa, 2009. As the title indicates, this book guides the teacher in utilizing *Bringing Healing to Traumatized Children*.
- Human Rights Watch—www.hrw.org. Human Rights Watch is the largest human rights organization based in the United States. Human Rights Watch researchers conduct fact-finding investigations into human rights abuses in all regions of the world. Human Rights Watch then publishes those findings in dozens of books and reports every year.
- ISPCAN (The International Society for the Prevention of Child Abuse and Neglect). ISPCAN is one a premier multidisciplinary international organization that brings together a cross-section of professionals to work toward the global prevention and treatment of child abuse, neglect and exploitation. They conduct global conferences and offer a variety of excellent resources in several languages on their website (www.ispcan.org) including child abuse screening tools, country specific surveys, and training tools.
- Kilborn, Phylis, ed. *Healing the Children of War: A Handbook for Ministry to Children Who Have Suffered Deep Trauma*. Federal Way, WA: World Vision, 1995. This is an excellent practical resource for global workers.
- Kristof, Nicholas and Sheryl WuDunn. *Half the Sky: Turning Oppression into Opportunity for Women Worldwide*. New York: Alfred Knopf, 2009. This is an excellent practical response to the global oppression of women and girls by the first married couple to win a Pulitzer Prize in journalism.
- Molica, Richard. *Healing Invisible Wounds: Paths to Hope and Recovery in a Violent World*. Nashville: Vanderbilt University Press, 2006. Molica is a psychiatrist and the director of the Harvard Program in Refugee Trauma.
- Tracy, Celestia and Steven. *By His Wounds: Trauma Healing for Africa*. Phoenix: Mending the Soul Ministries, 2014. This is a book written for use in 5 day intensives to train African leaders on abuse and other forms of trauma from a strongly biblical perspective. It has personal and small group application exercises at the end of each chapter. It has been translated in several languages for use in Africa (French, Congolese Swahili, and Kenyan/ Tanzanian Swahili. In the coming year it should also be available in Kinyarwanda). *By His Wounds* can be obtained from Mending the Soul Ministries.
- Tracy, Celestia and Steven. *By His Wounds Workbook*. Phoenix: Mending the Soul Ministries, 2019. This workbook is designed for African lay audiences who have experienced abuse. It is designed for use in small group settings and is a companion resource to *By His Wounds*. It has been translated in several languages for use in Africa (French, Congolese Swahili, and Kenyan/ Tanzanian Swahili. In the coming year it should also be available in Luganda).
- United Nations--<http://www.un.org>. The UN web site has an incredible amount of material—statistics, research, reports, publications, programs, and news from around the world. Much of the material deals with various aspects of social justice: poverty, human rights, violence, gender inequity, the needs of children, including child prostitution and sex trafficking.
- World Health Organization--<http://www.who.int/en>. WHO is the directing and coordinating authority for health within the United Nations system. Its web site has a tremendous

amount of information (statistics, publications, reports, etc.) on health issues around the world, including child abuse, violence against women, and sex trafficking.

PHYSICAL AND EMOTIONAL ABUSE

Alsdurf, James and Phylis Alsdurf. *Battered into Submission: The Tragedy of Wife Abuse in the Christian Home*. Downers Grove: InterVarsity, 1989. This is an excellent overview of domestic violence, and one of the few written by evangelicals.

Bancroft, Lundy. *Helping Your Children Heal the Wounds of Witnessing Abuse*. New York: Berkley Books, 2004. This is a very practical resource written by a national psychological expert on domestic violence.

_____. *Why Does He Do That? Inside the Minds of Angry and Controlling Men*. New York: G. P. Putnam's Sons, 2002. Lundy is considered one of the foremost professional experts on domestic violence and abusive men. This is a very insightful secular analysis of the thoughts and behaviors of abusive men.

Bancroft, Lundy and Jay Silverman. *The Batterer as Parent: Addressing the Impact of Domestic Violence on Family Dynamics*. Thousand Oaks, CA: Sage, 2002.

Clark Kroeger, Catherine and Nancy Nason-Clark. *No Place for Abuse: Biblical and Practical Resources to Counteract Domestic Violence*, rev. ed. Downers Grove, IL: InterVarsity, 2010.

Catherine Clark-Kroeger, Nancy Nason-Clark, and Barbara Fisher-Townsend, eds. *Responding to Abuse in Christian Homes: A Challenge to Churches and Their Leaders*. Eugene, OR: Wipf & Stock, 2011. This book includes a chapter by Steven Tracy entitled "Abuse and the Gospel: Calling the Evangelical Church to Truth."

Clark, Ron. *Freeing the Oppressed: A Call to Christians concerning Domestic Violence*. Eugene, OR: Cascade, 2009. This is an excellent, concise overview of domestic violence by a pastor who is well informed on this issue.

Crippen, Jeff and Anna Wood. *A Cry for Justice: How the Evil of Domestic Abuse Hides in Your Church*. Calvary, 2012. This is an excellent, overview of abuse covering multiple aspects from a biblical and highly practical perspective by a conservative pastor and former police officer.

Hegstrom, Paul. *Angry Men and the Women Who Love Them: Breaking the Cycle of Physical and Emotional Abuse*. Kansas City: Beacon Hill Press, 1999. This is an excellent basic overview of domestic and emotional abuse written by a pastor who for several years abused his wife.

Holcomb, Justin and Lindsey Holcomb. *Is It My Fault? Hope and Healing for Those Suffering Domestic Violence*. Chicago: Moody, 2014. This is a solid overview of domestic violence by a theology teacher at Reformed Theological Seminary and his wife Lindsey who has extensive professional experience with abused women.

Jacobson, Neil and John Gottman. *When Men Batter Women: New Insights into Ending Abusive Relationships*. New York: Simon & Schuster, 1998. In this book, two of the country's most highly respected marital therapy researchers share insights from a landmark study of 200 abusive couples.

Katz, Jackson. *The Macho Paradox: Why Some Women Hurt Women and How All Men Can Help*. Naperville, IL: Sourcebooks, 2006. This is an incredibly balanced book on violence against women. Katz is balanced and solution oriented.

- Loseke, Donileen, Richard Gelles, and Mary Cavanaugh, eds. *Current Controversies on Family Violence*, 2nd ed. Thousand Oaks, CA: Sage, 2005. This is a great graduate level textbook which gives essays from opposing viewpoints on various family violence topics.
- Miles, Al. *Domestic Violence: What Every Pastor Needs to Know*. Philadelphia: Fortress, 2000.
- Nason-Clark, Nancy. *The Battered Wife: How Christians Confront Family Violence*. Louisville, KY: Westminster/John Knox, 1997.
- Walker, Lenore. *The Battered Woman*, 4th ed. New York: Springer, 2017. This is a classic text on domestic violence. Walker also deals with sexual abuse of women.
- “When Love Hurts: Understanding and Healing Domestic Abuse.” This DVD contains four 30 minutes programs which originally aired nationally on Day of Discovery television, a ministry of RBC Ministries (they produce the popular devotional *Our Daily Bread*). This is an excellent practical resource for educating churches

SEXUAL ABUSE

- Barshinger, Clark and Lojan LaRue. *Haunted Marriages: Overcoming the Ghosts of Your Spouse's Childhood Abuse*. InverVarsity, 1995.
- Bell, Roy and Stanley Grenz. *A Betrayal of Trust: Sexual Misconduct in the Pastorate*. InterVarsity Press, 1995. This is a superb treatment of sexual abuse among the clergy, and should be read by every pastor.
- Brownmiller, Susan. *Against Our Will: Men, Women, and Rape*. New York: Simon & Schuster, 1975. This is a classic feminist treatise on the history of rape and male abuse of sexual power. While evangelicals will reject Brownmiller's radical anti-male conclusions, her analysis of the historical problem is as insightful as it is disturbing.
- Cameron, Catherine. *Resolving Childhood Trauma: A Long-Term Study of Abuse Survivors*. Thousand Oaks, CA: Sage, 2000. This is an insightful treatment of childhood sexual trauma based on a longitudinal study of 51 childhood incest survivors.
- Courtright, John and Side Rogers. *What to Do When You Find Out Your Wife Was Sexually Abused*. Grand Rapids: Zondervan, 1994.
- Denhollander, Rachel. *What Is a Girl Worth?: My Story of Breaking the Silence and Exposing the Truth about Larry Nassar and USA Gymnastics*. Carol Stream, IL: Tyndale House, 2019. This is an extremely well written personal account of the Larry Nassar sexual abuse case, one of the largest of its kind in US history. It reveals the complexity of grooming by perpetrators and the effects of CSA on victims.
- Ferree, Marnie. *No Stones: Women Redeemed from Sexual Shame*. Longwood, FL, Xulon, 2002. This is an excellent book for women struggling with shame from sexual brokenness caused by sexual addiction, abuse, and promiscuity.
- Gay, Roxanne, ed. *Not that Bad: Dispatches from Rape Culture*. New York: Harper, 2018. This is a collection of extremely well written, brutally honest essays on sexual abuse. It is written from a very secular perspective.
- Herman, Judith Lewis. *Father-Daughter Incest*, 2nd ed. Cambridge, MA: Harvard University Press, 2000. This is one of the best secular books on incest in print.
- Kearney, Timothy. *Caring for Sexually Abused Children: A Handbook for Families and Churches*. Downers Grove, IL: InterVarsity, 2001.
- Parkinson, Patrick. *Child Abuse and the Church: Understanding the Issues*, 2nd ed. Sydney South (Australia): Aquila Press, 2003. This is a terrific broad overview of the key issues surrounding child sexual abuse in the church. It is written by an Australian legal expert.

- Reju, Deepak. *On Guard: Preventing and Responding to Child Abuse at Church*. Greensboro, NC: New Growth Press, 2014. *This is one of the best books in print to guide local churches in preventing and responding to child sexual abuse. Very practical.*
- Russell, Diana. *Rape in Marriage*, 2nd ed. Indianapolis: Indiana University Press, 1990. This is one of the most significant studies of marital rape in print.
- _____. *The Secret Trauma: Incest in the Lives of Girls and Women*. New York: Basic Books, 1986. This is a landmark book on incest based on a careful, large-scale study that demonstrated that the prevalence and consequences of incest have been greatly underestimated.
- Salter, Anna. *Predators, Pedophiles, Rapists, and Other Sex Offenders: Who They Are, How They Operate, and How We Can Protect Ourselves and Our Children*. New York: BasicBooks, 2003. This is a fantastic non-technical overview of sex offenders by one of the nation's leading secular experts.
- _____. *Transforming Trauma: A Guide to Understanding and Treating Adult Survivors of Child Sexual Abuse*. Thousand Oaks, CA: Sage, 1995.
This is one of the best secular textbooks in print on the treatment of sexual abuse.
- Schmutzer, Andrew, ed. *The Long Journey Home: Understanding and Ministering to the Sexually Abused*. Eugene, OR: Wipf & Stock, 2011. This is the most extensive, multidisciplinary treatment of sexual abuse found in a book written by evangelicals.
- Schmutzer, Andrew, Daniel Gorski, and David Carlson. *Naming Our Abuse: God's Pathways to Healing for Male Sexual Abuse Survivors*. Grand Rapids: Kregel, 2016. This is an excellent and unique Christian resource for sexually abused men. It utilizes the stories of three men.
- van Dam, Carla. *Identifying Child Molesters: Preventing Child Sexual Abuse by Recognizing the Patterns of the Offenders*. New York: Haworth Maltreatment and Trauma Press, 2001. This is an invaluable resource for parents, educators, and children's workers.
- _____. *The Socially Skilled Child Molester: Differentiating the Guilty from the Falsely Accused*. New York: Haworth, 2006. This is an extremely insightful yet readable treatment of the strategies and characteristics of various types of child molesters, particularly "grabbers" and "groomers."

SEX TRAFFICKING AND PROSTITUTION

- Asquith, Stewart and Elspeth Turner. *Recovery and Reintegration of Children from the Effects of Sexual Exploitation and Related Trafficking*. A Report commissioned by Oak Foundation Child Abuse Programme, Geneva, 2008. This study's focus is on global child sexual exploitation.
- Children of the Night--<http://www.childrenofthenight.org/faq.html>. Children of the Night is one of the oldest, most well-established non-profit organizations established dedicated to "the rescue of children from child prostitution."
- The Coalition Against Trafficking in Women—<http://www.catwinternational.org>. CATW is a non-governmental organization that works internationally to combat sexual exploitation in all its forms, especially prostitution and trafficking in women and children, in particular girls. They have an excellent web site with many resources, including numerous journal articles and other research studies.
- Delaney, Stephanie and Colin Cotterill. *The Psychosocial Rehabilitation of Children Who Have Been Commercially Sexually Exploited: Self-Study Materials*, rev. ed. Bangkok, Thailand:

ECPAT, 2005. This is available at: www.ecpat.net. This workbook is designed for organizations which, due to limited resources, lack mental health professionals on their staff and thus need material which can be used for self-study training by their staff. This material is thus fairly basic yet very well organized and informative.

Department of Justice Child Exploitation and Obscenity Section--

<https://www.justice.gov/criminal-ceos>. This site has excellent information and resources on sex trafficking and child prostitution.

ECPAT (End Child Prostitution, Child Pornography and Trafficking of Children for Sexual Purposes)--<http://www.ecpat.net>. This is a global network of organizations and individuals working together to eliminate child prostitution, child pornography and the trafficking of children for sexual purposes. They have an excellent web site with various resources.

Grant, Beth and Cindy Lopez, eds. *Hands that Heal: International Curriculum to Train Caregivers of Trafficking Survivors*, Community Based Edition. Faith Alliance against Slavery and Trafficking, 2007. This excellent material is designed to provide a community-based curriculum in an informal educational format that can be used in local communities and churches around the world. It is written from a thoroughly "faith based," Christian perspective by over forty leading Christian experts from various disciplines. Information about obtaining the material can be found on the FAAST website: <http://www.faastinternational.org>.

Human Rights Watch—www.hrw.org. Human Rights Watch is the largest human rights organization based in the United States. Human Rights Watch researchers conduct fact-finding investigations into human rights abuses in all regions of the world. Human Rights Watch then publishes those findings in dozens of books and reports every year.

National Center for Missing and Exploited Children (NCMEC) <http://www.missingkids.com>. This is a great non-profit organization whose mission is "to help prevent child abduction and sexual exploitation; help find missing children; and assist victims of child abduction and sexual exploitation, their families, and the professionals who serve them." Their web site has excellent resources on sexual abuse, sexual predators, and sexual exploitation, including sex trafficking.

Polaris Project--<http://www.polarisproject.org>. Polaris Project is one of the largest anti-trafficking organizations in the United States and Japan. It is one of the few organizations working on all forms of trafficking and serving both citizen and foreign national victims of human trafficking.

Prostitution Research and Education--<http://www.prostitutionresearch.com>. This is a great secular non-profit started by Melissa Farley, a research psychologist who has devoted much of her life to fighting prostitution. PRE conducts research on prostitution, pornography and trafficking, and offers education and consultation to researchers, survivors, the public and policymakers. Their web site has a wealth of information on prostitution.

The Protection Project--<http://www.protectionproject.org>. The Protection Project is a human rights research institute at Johns Hopkins to address the issue of trafficking in persons as a human rights violation.

Salvation Army U.S.A., "combating human trafficking"--http://www.salvationarmyusa.org/usn/www_usn_2.nsf/vw-dynamic-arrays/8081A4079639D55A802573E000530965?openDocument&charset=utf-8. The Salvation

Army is heavily involved in fighting sex trafficking and has an excellent, well organized web site with numerous resources.

Shared Hope International--<http://www.sharedhope.org>. This is a major faith-based non-profit formed by former congresswoman Linda Smith. Their focus is on combating international sex trafficking.

Tracy, Celestia. *Princess Lost: The Story of Our Daughters*. Phoenix: Mending the Soul Ministries, 2011. This work is designed as an outreach tool for sexually exploited girls. It gently incorporates the gospel into a story of exploitation using a fairy tale genre. It is illustrated with 36 original color pictures. The book also contains a CD of music composed and sung by three urban Christian musicians.

_____. *Princess Lost Journal*. Phoenix: Mending the Soul Ministries, 2011. This is a tool (a journal) intended to creatively prompt a female abuse survivor in feeling and expressing her story, so that she is carefully guided in the critical process of abuse healing. It is suitable for adolescents.

Tracy, Celestia and Steven. *Princess Found: A Guide for Mentors of Sexually Exploited Girls*. Phoenix: Mending the Soul Ministries, 2011. This book gives an overview of sexual exploitation designed to train mentors and caregivers of sexually exploited girls. It is intended to be used in conjunction with *Princess Lost*.

United States Conference of Catholic Bishops, "migration and refugee services,"--<http://www.usccb.org/mrs/trafficking/index.shtml>. This site offers various services and resources for sex trafficking survivors and care givers.

U.S. Department of State, Trafficking in Persons Report 2009,"--<http://www.state.gov/g/tip/rls/tiprpt/2009/index.htm>.

SPIRITUAL ABUSE

Ball, Glenn and Darrell Puls. *Let Us Prey: The Plague of Narcissist Pastors and What We Can Do about It*. Eugene, OR: Cascade Books, 2017.

Bell, Roy and Stanley Grenz. *A Betrayal of Trust: Sexual Misconduct in the Pastorate*. InterVarsity Press, 1995. This is a superb treatment of sexual abuse among the clergy, and should be read by every pastor.

Blue, Ken. *Healing Spiritual Abuse: How to Break Free from Bad Church Experiences*. Downers Grove, IL: InterVarsity, 1993.

Rebecca Davis, *Untwisting Scriptures*, volumes 1-4. Davis addresses various aspects of the misuse of Scripture against survivors. she is not an academic but is very well informed and a good student of Scripture. Her books primarily target Scripture twisting by conservative Evangelicals and fundamentalists. These are excellent resources.

DeGroat, Chuck. *When Narcissism Comes to Church: Healing Your Community from Emotional and Spiritual Abuse*. Downers Grove, IL: InterVarsity, 2020. This is an excellent book on spiritual abuse by a clinician and seminary professor of pastoral care.

Johnson, David and Jeff VanVonderen. *The Subtle Power of Spiritual Abuse*. Minneapolis: Bethany House, 1991.

Kruger, Michael. *Bully Pulpit: Confronting the Problem of Spiritual Abuse in the Church*. Grand Rapids: Zondervan, 2022.

Langberg, Diane. *Redeeming Power: Understanding Authority and Abuse in the Church*. Grand Rapids: Brazos, 2020. This is the most theologically informed treatment of spiritual abuse

in print. Langberg has decades of clinical experience with abuse victims and is one of the country's leading Christian abuse experts.

McKnight, Scot. *A Church Called Tov: Forming a Goodness Culture That Resists Abuses of Power and Promotes Healing*. Carol Stream, IL: Tyndale, 2020.

Mullen, Wade. *Something's Not Right: Decoding the Hidden Tactics of Abuse and Freeing Yourself from Its Power*. Carol Stream, IL: Tyndale, 2020.

The Roy's Report. This is a blog by Christian journalist Julie Roys and it found at: <https://julieroys.com> Roys is an excellent investigative journalist who has broken many leading abuse scandals in the evangelical world. Her articles are incredibly helpful and influential in shining a light on abuse cover ups.

TRAUMA

Adsit, Chris. *The Combat Trauma Healing Manual: Christ-centered Solutions for Combat Trauma*. Newport News, VA: Military Ministry Press, 2007. This is a unique book/workbook for combat vets published by Campus Crusade for Christ.

Briere, John and Catherine Scott. *Principles of Trauma Therapy: A Guide to Symptoms, Evaluation, and Treatment*. Thousand Oaks, CA: Sage, 2006. This is one of the best texts on the subject by a foremost expert.

Figley, Charles R., ed. *Trauma and Its Wake: The Study and Treatment of Post-Traumatic Stress Disorder*. New York: Brunner/Mazel, 1985.

Freyd, Jennifer. *Betrayal Trauma: The Logic of Forgetting Childhood Abuse*. Cambridge, MA: Harvard University Press, 1997. This is a significant work on abuse and traumatic amnesia by a Professor of Psychiatry whose own mother helped found the False Memory Syndrome Foundation. Amazingly, this book is a very objective account of the scientific evidence.

Herman, Judith Lewis. *Trauma and Recovery: The Aftermath of Violence--from Domestic Abuse to Political Terror*, 2nd. ed. New York: BasicBooks, 1997. This is a landmark secular treatment of trauma. It is essential reading for professionals who want to understand the long-term impact of physical and sexual abuse.

Levine, Peter. *Trauma and Memory: Brain and Body in a Search for the Living Past: A Practical Guide for Understanding and Working with Trauma Memory*. Berkeley: North Atlantic Books, 2015. Levine has articulated a very influential "somatic experiencing" model of trauma healing centering on how trauma is stored and can be released from the body.

_____. *Waking the Tiger: Healing Trauma*. Berkeley: North Atlantic Books, 1997. This work has become a classic in the field.

Rothschild, Babette. *The Body Remembers: The Psychophysiology of Trauma and Trauma Treatment*. New York: W. W. Norton & Co., 2000. This is one of the best readable overviews of the somatic (bodily) impact of trauma. It is written for therapists, but is valuable for other audiences.

_____. *The Body Remembers Volume 2: Revolutionizing Trauma Treatment*. New York: W. W. Norton & Co., 2017.

Terr, Lenore. *Unchained Memories: True Stories of Traumatic Memories, Lost and Found*. New York: BasicBooks, 1994. This is an extremely readable account of trauma, abuse, and memory by a Clinical Professor of Psychiatry at the University of California Medical School.

- van der Kolk, Bessel. *The Body Keeps the Score: The Brain, Mind, and Body in the Healing of Trauma*. Viking: New York, 2014. Van der Kolk is psychiatrist and one of the world's leading trauma experts. This is a superb overview of the latest scientific understandings of trauma. It is highly readable.
- van der Kolk, Bessel. *Psychological Trauma*. Washington DC: American Psychiatric Press, 1987. This is a technical treatment of trauma for physicians and therapists by one of the world's foremost trauma experts.
- Whitfield, Charles. *Memory and Abuse: Remembering and Healing the Effects of Trauma*. Deerfield Beach, FL: Health Communications Inc., 1995. This is one of the best academic overviews of the complex subject of memory and abuse. Whitfield is a highly respected physician.
- Ziegler, Dave. *Traumatic Experience and the Brain: A Handbook for Understanding and Treating Those Traumatized as Children*. Phoenix, Acacia, 2002. Ziegler offers an excellent overview of the impact of trauma on the developing brain. He also gives helpful implications for care givers.

ADDITIONAL ABUSE RESOURCES

1. Local resources--

- Arizona Coalition against Domestic Violence-- www.azcadv.org.
- CASA (Center for the Prevention of Abuse and Violence)-- www.casacares.org; 602-254-6400. They provide education, counseling referral, and other resources.
- Child Abuse InfoCenter--www.parent-wise.org. This site is sponsored by the Dept. of Pediatrics at the University of Arizona College of Medicine and offers resources for professionals and students dealing with child maltreatment issues.
- Contacts--1-800-799-7739; 602-263-8900. They provide information on local shelter access for domestic violence victims.
- Department of Public Safety Sex Offender InfoCenter-- <https://www.azdps.gov/services/public/offender>. This site provides official government information on registered sex offenders.
- Impact Crisis Counseling--480-784-1500. They provide emergency counseling services for local abuse victims.
- Family Advocacy Center--602-534-2120; <https://www.phoenix.gov/humanservices/programs/victims/fac>. This is an amazing community resource for adult victims of physical or sexual abuse. They offer a full range of assistance, including counseling, forensic exams, and police department services. All services are free of charge. On their web site they also offer links to shelters and other local and state agencies and programs for abuse victims and their families
- Parent Wise—www.parent-wise.org. This site is sponsored by the Dept. of Pediatrics at the University of Arizona College of Medicine. It is designed to help parents and caregivers keep children safe from abuse.
- Senior Help Line--602-264-4357

2. National resources for victims, parents, and families

- Advocate Web – www.advocatweb.org. This organization exists to serve the needs of people abused by those in the helping profession. They provide information and support to victims and their families.

Anxiety Disorders Association of America – www.adaa.org. This organization provides information and research to those struggling with all forms of anxiety and specifically those associated with abuse, such as Post-traumatic Stress Disorder.

Child Abuse Forensics Institute--www.childabuseforensics.org; 707 226-6675. This is a nonprofit organization that focuses on helping people navigate the legal system when child abuse is an issue. The Institute has access to experienced independent associates throughout the country who can handle all aspects of a child abuse case.

Child Help USA-- <https://www.childhelp.org/>.

Justice for Children--jfcadvocacy.org. This is a non-profit organization which advocates for children's rights and protection from abuse through public education, development of effective prevention and intervention strategies, and legal advocacy. They offer assistance to parents of abuse victims, particularly regarding the legal system.

Male Survivor – www.malesurvivor.org. This site is dedicated to serving the needs of adult male survivors of sexual abuse. It offers resources to victims, their families, and professionals seeking to better understand the needs of this community.

National Center for Missing and Exploited Children (NCMEC) <http://www.missingkids.com>. This is a great non-profit organization founded in 1984. Its mission is "to help prevent child abduction and sexual exploitation; help find missing children; and assist victims of child abduction and sexual exploitation, their families, and the professionals who serve them." Their web site has excellent resources on sexual abuse, sexual predators, and online safety.

National Child Abuse Hotline--1-800-222-4453.

National Domestic Violence hotline--1-800-799-SAFE (7233).

Rape, Abuse, and Incest National Network (RAINN) --www.rainn.org. This is the nation's largest anti sexual assault organization. They provide programs to prevent sexual assault, help victims, ensure rapists are brought to justice, and operate the National Sexual Assault Hotline.

National Sexual Assault Hotline 1-800-656-HOPE (4673). This is a 24 hour a day hotline for sexual abuse victims and their families.

Sidran Institute – www.sidran.org. This site offers support to victims of Dissociation and Posttraumatic Stress Disorder. In addition, it offers resource materials to families and professionals who are engaged in victim support.

3. National and international resources for professionals and students

Against Violence Network (CAVNET)— <https://www.nsvrc.org/organizations/136>. This is an international network of anti-violence experts and advocates.

David Baldwin's Trauma Information Pages-- www.trauma-pages.com. This is an award-winning site hosted by a psychologist and author. It offers a wealth of information on trauma and traumatic stress.

International Society for the Study of Trauma and Dissociation-- <http://isst-d.org>. This is the premier organization for trauma professionals. It has an incredible number of academic resources for students and practitioners.

Justice for Children--jfcadvocacy.org. This is a non-profit organization which advocates for children's rights and protection from abuse through public education, development of effective prevention and intervention strategies, and legal advocacy. They have some

excellent online resources for professionals, esp. regarding the legal system and abuse related legislation.

National Clearinghouse on Child Abuse and Neglect Information--

<https://www.childwelfare.gov/more/?/>. This is a service of the Children's Bureau of the US Dept of Health and Human Services and is one of the best national sources for abuse publications, statistics, and research.

National Sexual Violence Resource Center—<https://www.nsvrc.org/statistics>. This is an excellent source for research summaries and resources on sexual violence.

Rape, Abuse, and Incest National Network (RAINN) --www.rainn.org. They have good information on sexual assault statistics.

United States Department of Justice--www.usdoj.gov. They provide national crime statistics, including sexual assaults and domestic violence.

World Health Organization, Department of Gender, Women, and Health--

<http://www.who.int/gender/en>. This portion of the WHO web site has full text research studies of violence against women around the world.

United Nations, Human Rights Documentation -

<https://www.ohchr.org/EN/Library/Pages/HRDocuments.aspx> This website provides a great amount of information on UN declarations concerning human rights and specifically concerning the protection of the rights of women and children.

United Nations Children's Fund (UNICEF) - <http://www.unicef.org>. This site as part of the United Nations is more specifically devoted to the needs of children all over the world with specific attention given to needs relating to abuse.

4. Christian ministries

Faith Trust Institute--www.faithtrustinstitute.org. This is an ecumenical non-profit organization that offers a broad range of services and resources to address the religious and cultural issues related to abuse.

Mending the Soul Ministries— <https://mendingthesoul.org/>. This is an evangelical abuse ministry founded by Steven and Celestia Tracy. MTS offers curriculum, resources, and online training for churches and community agencies to prevent, respond to, and help heal all forms of abuse.